

**#MyFamilySelfie
#FamilyDayAL19**

NATIONAL CELEBRATION OF "FAMILY DAY"

Remember, parental engagement matters!
Alabama's ranked 44th among the 50 states
in overall child well-being



Embrace The Importance of the Parent-Child Relationship!
Monday, September 30, 2019

Family Day event ideas – activities kids can do with their parents

- | | |
|---------------------------------|----------------------------------|
| • Organize a block party | • Family discount at restaurants |
| • Host a potluck at church | • Conversational starters |
| • Games that include the family | • First Responders Cornhole Toss |
| • Theater Family Night | • Movie Night at the park |

Sponsored by the Alabama Family Rights Association
ALFRA.ORG



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CONVERSATION STARTERS

*If you could have any super power, what would it be and why?

*If you could only eat three foods for the rest of your life, what would they be?

*What was the nicest thing you did for someone else today? What was the nicest thing that someone else did for you today?

*How would you get out of a situation where you were offered alcohol by your friends?

*If you could choose a new name for yourself, what would it be?

*If you observed a friend or family member texting while driving, what would you do?

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