

**#MyFamilySelfie**  
**#FamilyDayAL19**

# NATIONAL CELEBRATION OF “FAMILY DAY”

Remember, parental engagement matters!  
**Alabama’s ranked 44<sup>th</sup> among the 50 states  
in overall child well-being**



**Embrace The Importance of the Parent-Child Relationship!**

## Monday, September 30, 2019

Family Day event ideas – activities kids can do with their parents

- |                                 |                                  |
|---------------------------------|----------------------------------|
| • Organize a block party        | • Family discount at restaurants |
| • Host a potluck at church      | • Conversational starters        |
| • Games that include the family | • First Responders Cornhole Toss |
| • Theater Family Night          | • Movie Night at the park        |

Sponsored by the Alabama Family Rights Association  
[ALFRA.ORG](http://ALFRA.ORG)

